**Lesson Plan**

**Lesson: Promoting Dialogue, Empathy, and Non-violence in Conflict Resolution**

**Subject: Social Awareness**

**Grade: 7th grade**

**Duration: 90 minutes**

**1. Target Outcomes:**

**1.1 Cognitive Process Outcomes:**

 ***The outcomes of the center discipline:***

- recognizing a variety of concepts and issues related with dialogue, empathy and its importance in society

**1.2. Social Product Outcomes:**

* Students will understand the importance of dialogue, empathy, and non-violent approaches in resolving conflicts.
* Students will develop skills in active listening, perspective-taking, and constructive communication.
* Students will apply non-violent strategies to resolve conflicts in their personal lives and promote peaceful interactions.

**2. Materials Used:**

|  |
| --- |
| 1. Whiteboard or flip chart2. Markers3. Handouts with conflict scenarios (optional)4. Role-play props (optional) |

**3. Resources**

|  |
| --- |
| - human resources: students, teachers- informational resources: educational platforms (mentimeter, wordwall)- forms of organizing the activity: frontal, individual, in groups - [Move nonviolence / U5 / Criteria for the choice of nonviolent action - YouTube](https://www.youtube.com/watch?v=HOTxQrtiMGg)- [How To Deal With Conflict - YouTube](https://www.youtube.com/watch?v=QLbGHQo4qnA)- [Conflict Resolution Strategies for Kids by WholeHearted School Counseling - YouTube](https://www.youtube.com/watch?v=J8eI6hi4KRA) |

**4. Learning Methods and Techniques**

|  |
| --- |
| -conversation, explanation, reading, exercise, discovery, observation, brainstorming, didactic game |

**5. Groups Considered to be Formed During the Activity:**

|  |
| --- |
| -students are divided into heterogeneous groups - girls and boys- 4/6 students/group (depending on the tasks received) |

**6. Implementation Phase;**

|  |
| --- |
| **6.1 Preparation Phase:**- for some activities, students are divided into four work groups, 6 students/group- each group chooses a group leader who will present the solutions/solving tasks to the class- at the level of each group, an editor is selected who will mark the completion of all tasks.**6.2: Presenting the problem situation to the students:**Introduction (10 minutes):1. Begin the lesson by discussing what conflicts are and how they can arise in different situations.
2. Explain the importance of resolving conflicts peacefully and the negative consequences of violence or aggression.
3. Introduce the concepts of dialogue, empathy, and non-violence as effective strategies for conflict resolution.

Activity 1: Understanding Empathy and Perspective-taking (20 minutes):1. Engage students in a discussion about empathy, defining it as the ability to understand and share the feelings of others.
2. Conduct an activity where students pair up and take turns sharing a personal experience or challenging situation. The listener practices active listening and shows empathy by reflecting on the speaker's emotions and perspective.
3. Facilitate a class discussion on the importance of empathy in conflict resolution and how it can help foster understanding and resolution.

Activity 2: Non-violent Communication (20 minutes):1. Introduce the concept of non-violent communication (NVC) as a way to express needs, listen, and resolve conflicts peacefully.
2. Discuss the four components of NVC: observation, feeling, need, and request. Provide examples to illustrate each component.
3. Divide students into small groups and provide them with conflict scenarios. In their groups, students practice applying NVC to resolve the conflicts. Encourage them to consider different perspectives and find mutually beneficial solutions.
4. Have each group present their conflict resolution process and discuss the effectiveness of using non-violent communication.

Activity 3: Role-Play and Conflict Resolution (30 minutes):1. Divide the class into small groups and assign each group a conflict scenario.
2. Provide props or encourage students to act out the scenarios, role-playing both the conflicting parties and mediators.
3. Students practice applying dialogue, empathy, and non-violent approaches to resolve the conflicts. Encourage them to actively listen, express their needs and emotions, and seek mutually agreeable solutions.
4. After the role-plays, facilitate a class discussion on the challenges and successes encountered during the conflict resolution process. Emphasize the importance of respectful communication and finding win-win solutions.

Conclusion (10 minutes):1. Summarize the key points discussed throughout the lesson, emphasizing the significance of dialogue, empathy, and non-violence in conflict resolution.
2. Encourage students to apply these strategies in their daily lives to resolve conflicts peacefully.
3. Remind students that conflicts are a normal part of life and that everyone can contribute to a more peaceful and understanding society.

**6.3 Evaluation:**1. Observe student participation and engagement during discussions and activities.
2. Evaluate the students' ability to apply empathy and non-violent communication in role-plays and conflict resolution scenarios.
3. Assess the students' reflections and contributions during the class discussions on the importance of dialogue, empathy, and non-violence.
 |